

4° Congresso Nazionale ROI

Le prove di efficacia: il patto terapeutico tra paziente ed osteopata

Workshop: The clinical reasoning

Fitzgerald Kilie

1.5 hour workshop

This 1.5 hour workshop will be facilitated by Kylie Fitzgerald, who recently published a letter to the editor (see references) with osteopathic colleagues, suggesting the recent Lancet LBP series can be seen as a call to action for Osteopathy and our management of patients with either acute or chronic low back pain. This workshop provides a short review of the Lancet LBP series key points relevant to osteopathic practice. The workshop will then divide into groups, where half will work on an acute LBP presentation and half will work on a Chronic LBP presentation and discuss the application of the recommendations into informing osteopathic care. The groups will come back to together and discuss the application as a group.

References

1. Buchbinder, R., van Tulder, M., Öberg, B., Costa, L. M., Woolf, A., Schoene, M., ... & Lancet Low Back Pain Series Working Group. (2018). Low back pain: a call for action. *The Lancet*.
2. Fitzgerald, K., Vaughan, B., Austin, P., Grace, S., Orchard, D., Orrock, P., & Fleischmann, M. (2018). The Lancet Low Back Pain series: A call to action for Osteopathy?. *International Journal of Osteopathic Medicine*.
3. Foster, N. E., Anema, J. R., Cherkin, D., Chou, R., Cohen, S. P., Gross, D. P., ... & Turner, J. A. (2018). Prevention and treatment of low back pain: evidence, challenges, and promising directions. *The Lancet*.
4. Hartvigsen, J., Hancock, M. J., Kongsted, A., Louw, Q., Ferreira, M. L., Genevay, S., ... & Smeets, R. J. (2018). What low back pain is and why we need to pay attention. *The Lancet*.



Fitzgerald Kylie, DO

Course Leader – HBSO: Bachelor of Science (Osteopathy), Lecturer, Victoria University, Melbourne, Australia

Graduated at Victoria University in 2002, she's a full time academic member of the Osteopathic Medicine teaching team. She is passionate about osteopathic education and has a strong interest in clinical osteopathic research and providing stimulating learning environments and opportunities for osteopathic students. Kylie has a current interest in and has recently published and presented conference papers on implementing simulated learning and pain science education in osteopathic education. She's currently undertaking the Graduate Certificate of Pain Management (Faculty of Medicine) at the prestigious University of Sydney. Kylie led internationalisation in the osteopathy in Australia with the first international clinical exchange program for osteopathic students in July 2015.